



Saturday, 12th September 2026

10.00am – 6.00pm

## SPONSOR FORM 2026

### SECTION A - PARTICIPANT OR GROUP LEADER'S DETAILS:

- \* We only use this information for claiming gift aid (increasing your eligible sponsorship by 25%)  
**You do not have to be a tax payer yourself** but, for the treasurer to claim on any eligible donations from your sponsors shown overleaf, we must also have your name, house number/name and post code.

<b>*FIRST NAME:</b>	<b>*LAST NAME:</b>
<b>*HOME ADDRESS:</b>	<b>*Postcode:</b>
Parent's Signature (if under 18 years old)	
1. Indicate whether you are Riding <input type="checkbox"/> , Striding <input type="checkbox"/> , &/or Welcoming Participants <input type="checkbox"/> . (tick all that apply)	
2. If leading a group: Group Size <input type="checkbox"/> Group Name.....	
3. Tick if you have set up a <u>JustGiving</u> (JG) Fundraising page for The Friends of Kent Churches <input type="checkbox"/> Name the church you are supporting on your JG page, and add your total raised via JG on the form overleaf. For how to set up JG: <a href="http://www.kentrideandstride.co.uk">www.kentrideandstride.co.uk</a> Click on Documents, then click on How to set up JG	
4. Tick if you visited Wormshill and/or Old Marston <input type="checkbox"/>	
Indicate which church/chapel you wish to receive half of your sponsorship money:	
Town/Village:	Church/Chapel:
Local organiser:	
If you are not sure who your local organiser is please email Rosemary Dymond: <a href="mailto:kent.rs.countyorg@gmail.com">kent.rs.countyorg@gmail.com</a> or David Brazier: <a href="mailto:kentrideandstridesecretary@gmail.com">kentrideandstridesecretary@gmail.com</a>	

### SECTION B - FREQUENTLY ASKED QUESTIONS

- Q.** I want to participate in the Ride & Stride event but I do not want to support any particular church.  
**A.** No problem. All your sponsorship money will go to support the work of the Friends of Kent Churches. Please contact our Treasurer for details of how to pass on your forms and sponsorship money: Jashnie Jabson. [KentRideandStrideTreasurer@gmail.com](mailto:KentRideandStrideTreasurer@gmail.com)
- Q.** I want to support more than one church.  
**A.** Please submit a separate form for each church to the Local Organiser of the relevant church.
- Q.** Several of us want to cycle together as a group.  
**A.** What a nice idea. Please appoint a lead person, use their name and other details when completing the above, and write your group name and the number of members in the available space.
- Q.** What if I arrive at a church listed as open but find it shut?  
**A.** You may count this church in your total. If there is a Welcome Form posted outside please sign it.
- Q.** What advice would you give me before joining this event?  
1. Plan your route for the day, not only to achieve a large number of church visits but also to enable you to explore some of the many beautiful areas of Kent.  
2. Leave details of your route with someone at home.  
3. Study and conform to the requirements of the Highway Code. See: <http://www.gov.uk/guidance/the-highway-code/rules-for-cyclists-59-to-82>  
4. Ensure that your bicycle is in a roadworthy condition before starting to ride.  
5. Friends of Kent Churches strongly advise wearing cycle helmets.
- Q.** I haven't got enough room on my sponsorship form for all my sponsors  
**A.** You can download more forms from our website, [www.kentrideandstride.co.uk](http://www.kentrideandstride.co.uk)

**After your ride/stride/welcome please collect your sponsorship money. Return this form with your CHURCHES AND CHAPELS VISITED FORM and your SPONSOR MONEY to your Local Organiser by the end of October.**

Cheques should be made payable to **Ride & Stride** or to **The Friends of Kent Churches**

